



UNIVERSITY OF  
**LIMERICK**  
OLLSCOIL LUIMNIGH

Dear Parent / Guardian

The National Council for Exercise & Fitness (NCEF), as an academic affiliate of the University of Limerick (UL), offers programmes of study to those wishing to qualify as Exercise & Health Fitness Professionals. Some of these professionals progress onwards to take a module in Health Related Activity for Children (HRAC). Within that module these specialist instructors learn how to plan and lead safe, enjoyable and effective health related activity programmes for children in a variety of settings e.g. community environments, after-school centres, summer camps, leisure centres etc. As part of their participation in this module these specialists are also vetted in accordance with the National Garda Vetting procedures for working with children and as part of the policy of the University of Limerick.

As part of their final assessment, students on the NCEF/ UL HRAC module are required to make a video recording of themselves teaching health related activities to children. The video recording is then submitted for assessment to the NCEF Head Office at the University of Limerick and is subsequently stored in accordance with University of Limerick guidelines for the safe storage of examination materials. The video will be used for assessment and educational purposes only and will never be available to the general public. At no time will names of the children nor the school/ club/Institution be attached to this video and once the storage period for assessment materials is completed the video will be destroyed.

With your permission, your child will form part of a group that will take part in the video recording of a Health Related Activity class instructed by \_\_\_\_\_ **(Name of Trainee HRAC Specialist)**

At: \_\_\_\_\_ on \_\_\_\_\_ at \_\_\_\_\_

The process of making the video will be an enjoyable physical activity experience for your child as it will include taking part in enjoyable, educational games and activities. I would appreciate if you would complete the slip below return to \_\_\_\_\_ **(Name of Trainee HRAC Specialist)** by \_\_\_\_\_

Personal details of the children are confidential will not be used for any purpose whatsoever without your written consent.

Kind Regards

**Damien Jackson**  
**Director of Education, Training & Development**  
NCEF Head Office  
PESS Building  
University of Limerick  
☎ +353 61 202829  
✉: [damien.jackson@ul.ie](mailto:damien.jackson@ul.ie)  
🌐: <http://www.ncef.ie>

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## NCEF / UL Health Related Activity Video Recording Parental /Guardian Consent

I consent to my child ..... (Name of Child) taking part in the making of the  
NCEF/ UL Educational Assessment Video in Health Related Activity for Children on  
.....(date) at the location and time as listed above instructed by  
.....( Name of Trainee HRAC Specialist )

I understand that this video will be used for educational/ assessment purposes only and no personal details of my  
child will be used for any other purpose whatsoever.

**Signature** ..... (Parent/ Guardian)