



Bachelor of Science in Exercise & Health Fitness

**Continuous Assessment (30%)
PM4088 Human Resource Management**



Student Name: _____

UL ID No. _____

Date: _____

Instructions: Please complete all questions on this worksheet in Times New Roman Font, size 12, 1.5 line spacing. Please confine your answers to 600 words per question. Over-long and irrelevant answers will be penalised. Each question carries equal marks. This worksheet must be submitted to christine.cross@ul.ie by week 5 Monday 22nd February 5pm.

Please use the Harvard Style of referencing and add a separate page with the references.

Note: The context for each question is the set-up phase of your new fitness centre.

Question 1

Identify five key issues you will have to consider when deciding to employ people in the set-up phase of your new fitness centre. Concentrate on the issues around core and peripheral workers and labour flexibility. (10 marks)

Question 2

Identify the ways in which you will source possible candidates for a fitness instructor position in your new business and the methods you will use to select the right candidate. (10 marks)

Question 3

Explain how using competency-based interviews as part of the selection process can benefit your hiring process. Design three competency-based questions you will ask at interview. (10 marks)